



Holston View United Methodist Church

Ambassador

MAY 2019

Being Disciples, Making Disciples, Transforming the WORLD, in the name of Jesus Christ!

WHAT I SEE FROM THE VIEW

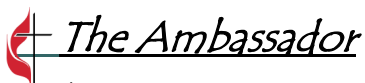
Our Pastor's Perspective

(Reprinted from May 2017)

Meditation has been a Christian discipline for a long time and I am no expert at it, but have found it helpful in keeping me more balanced and counteracting a tendency to let my anxiety levels get out of hand. Most of us type A's, especially Methodist with our desire to match our actions in Social Holiness with our beliefs in Scriptural Holiness tend to focus on what we can do to make things better. This mindset often causes us to focus on the future or on our past experiences so that we can avoid making future mistakes. The problem with that, is we often don't focus on the joy of the now. I believe that God wants us to be happy. What parent doesn't want their children to have happiness, contentment and joy in their lives. Meditation is often defined as the acceptance and focus on the now. For me it means taking time to focus on the blessings of God that are presently in front of me: Things like listening to our bodies as they function; feeling the warmth of a warm blanket or a hot shower as it pours over us; thinking about our spouses and our children and the special times and love they and we have shared with each other and are sharing. The simple blessings in the now are what meditation brings to a new reality. It is not in seeking the things that make you happy by planning and focusing on the future, but by focusing on the happy blessings of the now. Physiologists and neuroscientists have discovered in recent studies that meditating on a regular basis can rewire our brains in positive ways. It helps fight addictive behaviors, depression and letting the problems that surround us overwhelm us. It brings back the balanced feelings of joy that counter the negative stresses in our lives. We, as Christians, have one reality that stands out as the most important blessing we can dwell upon at any time in the now. That is the blessing of a creator that loves us and wants to live in us and through us in lives of joy. The Bible is the greatest love letter ever written. There are many scriptures we can focus on in the now that have the potential to revive our spirits. So as one of God's representatives in the church, I would highly recommend meditation, as a means, to recover joy, contentment and hope in our lives. Especially meditating on Christ our real and living God that is always with us. Maybe this is a good one to start with John 3:16).

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

God Bless All of Us,



Holston View United Methodist Church

174 Church Street

Weber City, VA 24290

Phone: 276-386-3142

Email: holstonviewumc@gmail.com (New Address)

Office Hours: 9 am—2:30 pm, Mon–Thur

9 am—12:00 pm, Friday

Web: www.holstonviewumc.com

Non-Profit Org.
U.S. Postage Paid
Permit 44
Gate City, VA 24251
Prsrt. Std.

RETURN SERVICE REQUESTED

Make A Date with Jesus for Sunday morning!

Worship: 8:45 am and 11:00 am

Sunday School for all ages: 9:45 am

A nursery is provided from 9:45am–12:00pm.

May 2019

BEING DISCIPLES. MAKING DISCIPLES. TRANSFORMING THE WORLD...IN THE NAME OF JESUS CHRIST!



SATURDAY, MAY 25—CARSON PETERS **PERFORMING AT THE CARTER FOLD, HILTON, VA** **CHILDREN AND YOUTH—MARK YOUR CALENDARS!**

Carson Peters started playing the fiddle at the ripe old age of 3 when his parents bought him a 1/8 size fiddle. At 12 years old, Carson is a seasoned performer playing numerous venues with his band throughout the region; Bristol Rhythm and Roots, Dollywood's Bluegrass and BBQ, Asheville's Bluegrass First Class, Song of the Mountains, Carter Family Fold and WDVX's World Class Bluegrass concert series to name a few. Carson has also had the honor of playing on national TV as a guest on NBC's The Tonight Show with Jay Leno, Little Big Shots with Steve Harvey, as well as play with Jimmy Fortune on the floor of the Tennessee State Senate. On March 28, 2014, Carson's dream of playing on the Grand Ole Opry stage was realized when he was invited by Ricky Skaggs to come perform with him and his band, Kentucky Thunder. In May of the same year, Carson was asked to make a reappearance at the Opry, but this time with his own band. On July 31, 2014, Carson made his Ryman Auditorium debut playing again with Ricky Skaggs during the 2014 Bluegrass Nights series. Since these appearances, Carson and his band have performed numerous occasions on the Opry Show.

Carson says that winning trophies and getting your name in the paper is "really cool" but that is not the main reason he works so hard at his music. "It's all about using the talent God gave me to make people smile!" Carson truly loves entertaining people!

He lives in Piney Flats, Tennessee with his parents, Jamie and Robin. When he is not "fiddlin' around," he is just an ordinary country boy who enjoys baseball, basketball, golf, hunting, riding his four-wheeler and going to church.

Ongoing Service and Study Opportunities

Adult Choir Practice: Wednesday at 7:00 pm

Youth: 1st Sunday, 4:30 pm & 3rd Sundays at 3:30 to Pack Food Boxes)

Monday Prayer Time: 8:30 am, Sanctuary

Boy Scouts: Monday 6:30 pm, 2nd and 4th Thurs. at 6:30 pm

Fitness Classes: Tuesday & Thursday nights 6:15-7:15pm

Girl Scouts: 1st & 3rd Thursday at 6:30 pm

Worship Service at NOVA: 1st & 3rd Tuesdays, 6:30 pm

Adult Bible Study: Sunday at 6:00 pm

Channel 30 Broadcast: Wed, 6:45 pm/Thur, 10 am

Alzheimer's Support Group: Mondays at 12:30 pm

Webelo, Bear & Tiger Scouts: Tuesdays at 6:30 pm

United Methodist Women: 2nd Tuesday at 7:00 pm

Girls Softball Practice: Wednesday's at 6:00 pm (HH)

UPCOMING EVENTS—MAY 2019

Date	Time	Activity
2	12 noon 6:45 pm	National Day of Prayer on the Courthouse Steps Dinner for Fire Chiefs
5	4:30 pm 6:00 pm	Youth Meeting Adult Bible Study
7	6:30 pm	NOVA Worship Service
9	7:00 pm	Administrative Council Meeting
11	8 am—2 pm	Mother's Day Flower Sale/Old Food City parking lot
12	6:00 pm	Mother's Day Adult Bible Study
14	6:00 pm 7:00 pm	Daycare Board Meeting UMW Meeting
16	7:00 pm	Witness Committee Meeting
19	12:00 noon 3:00 pm 3:30 pm 6:00 pm	Quarterly Birthday Celebration Baccalaureate at First Baptist Gate City Youth Pack Food Boxes Adult Bible Study
21	6:30 pm	NOVA Worship Service
25		Carson Peters at Carter Fold
26	6:00 pm	Adult Bible Study-CANCELLED
27		Memorial Day-CHURCH OFFICE CLOSED
31	2-9 pm	*Church Directory Photos
1	10 am—5 pm	*Church Directory Photos
		*Go online to sign up for your photo session at: https://booknow-lifetouch.appointment-plus.com/ypqdxpg/ or contact the church office.

Anniversaries

Mark & Tammy Thompson-10 Charles & Brenda Robinette- 13
Eric & Nicole Jones-14 LaCosta & Jeff Fields-18
Scott & Elizabeth Darnell-24 Bobby & Becky Flanary-28



Birthdays

Queenie Carter-1 Ted Cornett-1 Betty Mann-2
Ethan Shipley-3 Mary Belle Williams-3 Don Carter-4
Ron Carter-4 Jamie Coleman-7 Jaime Perry-7
Nat Francisco-17 Russell Martin-17 Jane Stone-18
Linda Childress-19 Tommy Herron-19 Tyler Herron-19
Roger Templeton-19 Tara Burns-20 Linda Gibson-20
Don Kilbourne-20 Debbie Trivett-20 Eric Lane-22
Rick Miller-22 Tammy Herron-24 Nina Quillen-24
Andrew Osborne-25 Cody Helms-28 Keener Burke-30
Charles Hobbs-31

VOLUNTEER ROTATION

MAY 2019

<u>5/5/19</u>	<u>5/12/19</u>	<u>5/19/19</u>	<u>5/26/19</u>
<u>Acolytes</u>	<u>Acolytes</u>	<u>Acolytes</u>	<u>Acolytes</u>
Adam Stapleton	Cadence Martin	Robbie Stapleton	Adam Stapleton
Ben Peters	Wyatt Music	Sully Kegley	Ben Peters
<u>Greeters</u>	<u>Greeters</u>	<u>Greeters</u>	<u>Greeters</u>
Colleen Darnell	Jane Stone	Eric Lane	Gloria Sims
Ron Carter	Linda Bobbitte	Misty Lane	Maggie Willis
<u>Ushers</u>	<u>Ushers</u>	<u>Ushers</u>	<u>Ushers</u>
Jerry Brown	Greg Taylor	Berl Jennings	Randy Gore
Eddie Shipley	Troy Funkhouser	Jason Dishner	Eric Lane
Don Carter	Ron Carter		Dale Byrd
<u>Nursery</u>	<u>Nursery</u>	<u>Nursery</u>	<u>Nursery</u>
Diane Kegley	Nancy Bray	Debbie Toney	Kathy Funkhouser
Susan Peters	Tammy Herron	Tiffany Howard	Kristan Funkhouser
<u>Communion Rotation for May—The Fields Family</u>			

60th Wedding Anniversary Celebration *Colleen and Ron Darnell* *"Open House"*

*In honor of our 60th Anniversary and
Ron's 80th Birthday, we are inviting all
of our family and friends to drop by for
a visit on Saturday, June 8th
from 2:00 to 6:00 PM
at our home located at
203 Greenwood Drive in Weber City.
Hope to see you then.
Please, please no gifts!*

WATCH US ON CHANNEL 30

Stay connected and worship with us on Channel 30 every Wednesday at 6:45 p.m. and Thursday at 10:00 a.m.

FREE BLOOD PRESSURE CHECK

Every 1st and 3rd Sunday of the month, a medical professional will be available to give you a free blood pressure check. No appointment is necessary and all ages are welcome. We begin at 9:45 a.m. Look for directional signs to point you to the upstairs location.

WEEKLY E-NEWS

Email holstonviewumc@gmail.com and put "e-news subscribe" in the subject line to make sure you don't miss any of the exciting news of how to get involved and grow in faith at HVUMC.